

I went to Ilford on my own walked up a dual carriageway to McDonald's for a cup of tea and a think then went back to the clinic with half a blueberry muffin in my pocket I was handed a white laminated square with a number on it I will be called by the number not by my name I lied on the form that asked if there was anyone at home my Uber arrived as the cramps started I was told to be home within one hour the journey time was 45 minutes I felt nauseous breathed slowly the driver talked about ratings he liked chatty and punctual passengers he once gave a married couple no stars when the man hit the woman I felt dizzy we drove past his house that's my house he looked up my ratings and said I was above average you must be a nice person maybe normally more chatty I tried to sound lovely said I was unwell in a weak voice he joked I would get no stars if I was sick I go through my to-do list to clean an Airbnb I do it for money I am a bad maid to industry's heart muscle there was one night between guests I had a plan lie down with the TV on eat a Marks & Spencer cottage pie sleep on the sofa wake up change the bedding go back to the big cold house I live in and feel

treated I knew what to expect from the last time the pain got acute on a two-hour arc I had had a hot bath I had sat by the bath like a bird and held a bundle in my hand poked about for a god or a plan what survives a day? but this time there was no build up there was no flight the pain stayed still from the clinic to the brown and honourable sofa not getting easier or worse I did not feel anything passing through me but the room was dark and around me I woke up at 7 a.m. took some painkillers and finished cleaning I left the key and got the bus still bleeding a bit still on the brink of a big pain but going nowhere my housemate was having a party I was very tired but she is out of sync and soulful I needed to be dressed and nice I made a bowl of beetroot puree and hummus I made a simple butter pastry grated cheese into it twisted the dough into sticks they snapped in the oven but smelt delicious for the people I greeted them alone didn't know any of them the pain stayed still I smelt real leaned on the counter and decided to drink some of my friends arrived I behaved normally my good friend quietly asked me to stop being cruel to her I was very disturbed told her I didn't feel well I followed smokers worried about my good friend's feelings until I found her in the middle of some laughing doing an impression of a cat scratching a pole

her movements in a black and white skirt were comedic and expert she moved like a clown she swung the lower half of her body left-to-right she upped her arms stopped to look at the room through her hair then carried on clowns invent new grace for limbs out of ungraceful lines in the room I think I was mid-verb like my friend I said to my head I am mid-verb maybe I have become the verb I am not having I am abortive was the last thing I thought before falling onto the purple and inhabited bed face down we have to feel everything in our stomach ache is tempo I have seem millions of films I get it or there is no story only comedy but my friend has clowned the time her skirt is so stripy I am reading it now a difference between being scanned for a future or past material for latency or tendency I am very interested in this and I am interested in the catch of the bed which idea is homeless? what is surplus connection to poetry what is the rushed little examinations on a screen out of view screened from me the nurse confirms she can see a vaguer noun something like a burn there is not a thing but time read translated where there might be form it is there or a picture of noise not like a construct of the noise like a head it's this way up he is waving creatively at the elaborate so it is just legibility or esoteric reading styles the matter is not interpreted it is agile easily switches between verb and noun

I could be creative but I am beginning to think stuck linguistically awkward to material or reality cannot have have to be timely nothing has changed I need to find my friend the cat the clown so she can tell me the time she has animation to give I went to Ilford alone was handed a pink laminated square a staff was inserted I felt hungry time was coming out slowly I shouldn't have expected it to happen all at once but I was told to expect it to happen all at once they held up the staff red for someone I feel like a comedy that's probably a lot of it there it's still going on

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